



If you would like more information on volunteering for Mental Health Association, please fill out the following form and we will send you a complete volunteer application along with detailed agency information.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_

Email address \_\_\_\_\_

*Please mail to:  
MHA in Orange County, Inc.  
20 Walker Street  
Goshen, N.Y. 10940  
att:Community Resources Manager*

### ~TESTIMONIALS~

“I’ve been a volunteer for almost seven years, the experience of listening and learning about other people’s problems and concerns has been a worthwhile experience for me.”  
- Dan. G.

“Volunteering for MHA is extremely rewarding. It gives me great satisfaction to know that in some small way, I am helping others. I applaud MHA for the difference they make in so many lives and I am honored to be part of this organization”  
-Lisa P.

Mental Health Association in  
Orange County, Inc.  
Goshen, N.Y. 10924  
Phone: 845-294-7411 x236  
Fax: 845-294-7348  
E-mail:mha@mhaorangency.com

MHA is proud to be a  
United Way Agency



## VOLUNTEER OPPORTUNITIES

**Mental Health Association  
in Orange County, Inc.**

**1-800-832-1200  
(845) 294-7411**

*“A Community With  
Caring Is A Community  
With Hope”*

# “A Community With Caring Is A Community With Hope”

## Our story:

*Mental Health Association is a not-for-profit organization established in 1959 to promote the mental health and emotional well being of Orange County Residents.*

## Our vision:

*MHA seeks to provide individuals and families with high quality, community-based and recovery-oriented services that respect cultural differences and foster hope, strength, and self-determination.*

*Special consideration is given to individuals and families with high needs and low resources.*

*The MHA family shares a system of values and behaviors that recognizes and respects the presence and contributions of all diverse groups.*

## Top Ten Reasons People Volunteer:

1. To learn something about yourself.
2. To have fun!
3. Because you're passionate about a cause.
4. To explore career possibilities.
5. It's time to get off the couch.
6. Learn some new skills...add them to your resume.
7. To meet new people from various backgrounds.
8. Make someone else's day.
9. Feel good about yourself!
10. It's time to do something positive.

**MHA** believes all individuals have a story and can teach life lessons to others.....

If you have a story to tell and a lesson to teach.....

If you've read our story and are inspired by our mission.....

**MHA** would like to hear from you.....

Please visit our web site to download an application:

[www.mhaorangeny.com](http://www.mhaorangeny.com)

**We can be reached 24 hours a day, everyday:**

1-800-832-1200

(845) 294-7411

