



Orange County System of Care Siblings Group

A group for and about brothers and sisters of persons with Severe Social and Emotional Behavioral Challenges. System of Care believes that mental health issues, disabilities, and illness affect the lives of *all* family members. Consequently, getting along with siblings may be difficult at times, but getting along with a sibling with serious emotional needs can often be a real challenge for a sibling.

System of Care wants to increase the peer support and information opportunities for the very special brothers and sisters of Social, Emotional, and Behaviorally challenged individuals. The groups will meet monthly. They're fun, informative and facilitated by a professional.

Meetings will be held on the first Tuesday of every month from 5:45pm-7:15pm. Meetings begin May 4th. At the Mental Health Association in Orange County 73 County Highway 108 Middletown, NY 10940
For more information please contact
Liliana Fernandez at 845-342-2400 ext 222.

Siblings:

- ☺ Do you sometimes feel embarrassed? Sad? Angry? Confused?
- ☺ Do you find it hard to talk to your parents, friends, and teachers about your feelings?
- ☺ Would you like to share your feelings, have fun, and meet new friends?
- ☺ Join our Siblings Group!

Meeting Dates:

- May 3th 5:45-7:15p
- June 7th 5:45p-7:15p
- July 5th 5:45-7:15p
- Aug. 1st 5:45-7:15p
- Sept. 5th 5:45-7:15p
- Oct. 4th 5:45-7:15p
- Nov. 1st 5:45-7:15p
- Dec. 6th 5:45-7:15p

Sibling (s):

Name _____ DOB _____

Name _____ DOB _____

Parent/Guardian:

Name _____

Address _____

Tel _____ Cell Phone _____

Diagnosis _____

System of Care Eligible Yes No