

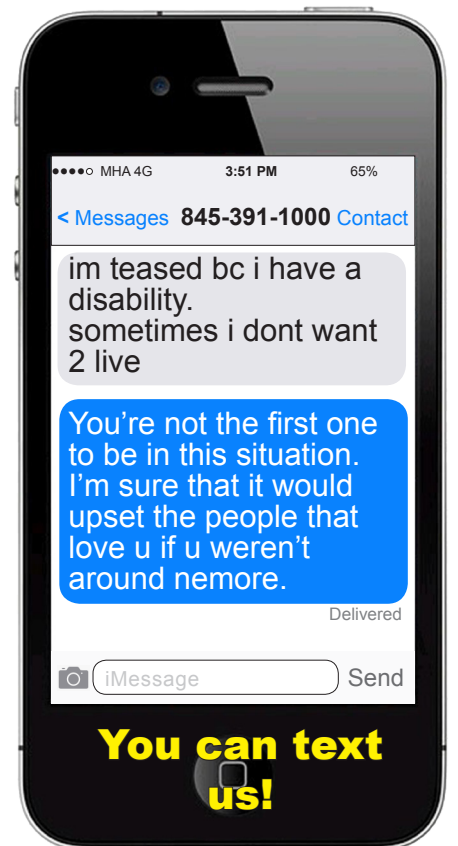
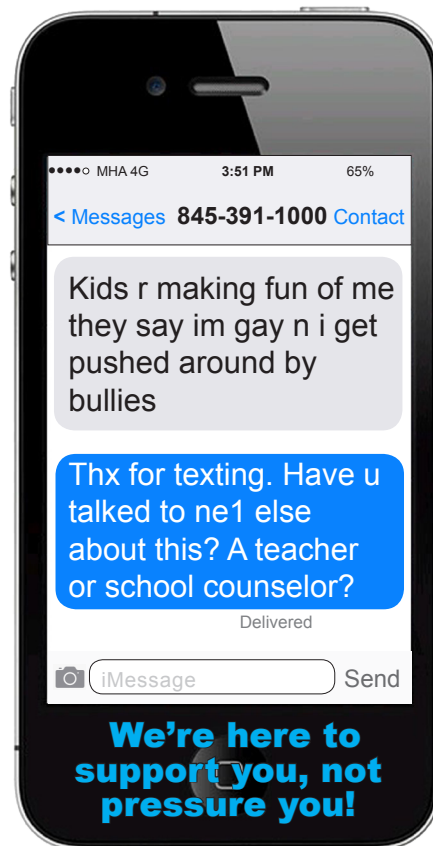
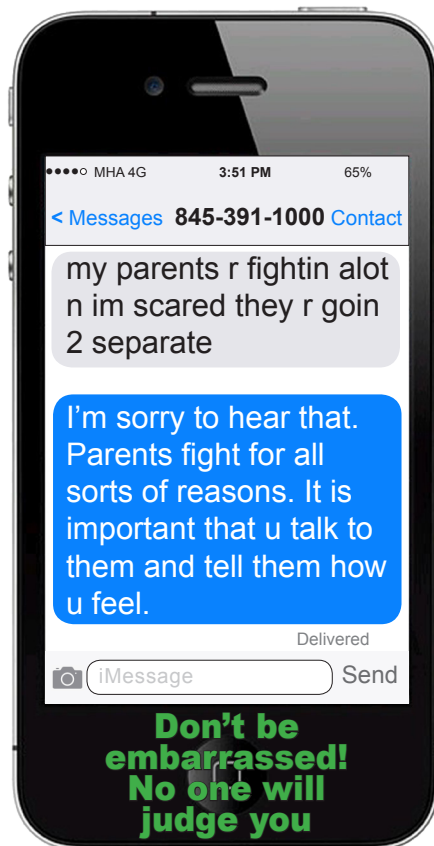
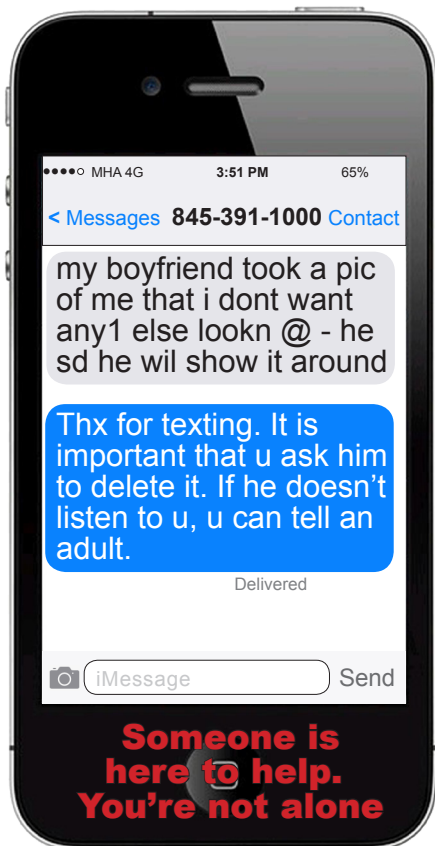
If you are dealing with **cyber bullying**,
drugs/alcohol, **gangs**, **sexting**,
sexual assault, **eating disorders**,
problems at home, **school**, **on the bus**,
or you just need someone to talk with,
REACH OUT TO US...

You can send an anonymous text to:

TEXT 4 TEENS
845-391-1000

Mon to Thu - 4 pm to 10 pm
Fri - 4 pm to 12 am
Sat / Sun - 5 pm to 12 am

Confidential text line for info, referrals or just to chat



TEXT 4 TEENS

is sponsored by
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and Orange County Department of Mental Health



**Mental Health Association
in Orange County, Inc.**

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