



Administrative Offices

**MHA in Orange County, Inc.**  
**73 James P Kelly Way**  
**Middletown, NY 10940**  
**Phone: 845-342-2400**

Mental Health Association (MHA) is a not-for-profit organization established in 1959 to promote the mental health and emotional well-being of Orange County residents.

The MHA family shares a system of values and behaviors that recognizes and respects the presence of all diverse groups. We believe that every person is to be treated with dignity, respect, compassion, and acceptance.

**24/7 Helpline:**  
**1-800-832-1200**

**Text 4 Teens**  
**845-391-1000**

Mon-Thurs-4pm-10pm  
Fri- 4pm-12am  
Sat and Sun 5pm-12am

Email: [mha@mhaorangeny.com](mailto:mha@mhaorangeny.com)  
[www.mhaorangeny.com](http://www.mhaorangeny.com)

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Middletown, NY 10940



**Mental Health  
Association  
in Orange County, Inc.**

**HUDSON  
HOUSE**



**245 Broadway**  
**Newburgh, NY 12550**  
**(845) 565-8575**  
**Fax: (845) 565-6231**

Mon- 8am to 5pm  
Tues-8am to 6pm  
Wed-8am to 6pm  
Thurs-8am to 6pm  
Fri-8am-5pm

[www.mhaorangeny.com](http://www.mhaorangeny.com)

# Hudson House

Hudson House is a rehabilitative psychosocial club which offers socialization, recreation, education, vocational and life skills services to adults 18+ who have a mental illness.

Hudson House is operated through Mental Health Association in Orange County, Inc. (MHA), a private, non-profit organization which seeks to promote the mental health and emotional well-being of Orange County residents. MHA works towards reducing the stigma of mental illness, developmental disabilities and providing support to victims of sexual assault and other crimes.

The goal of Hudson House is to assist members in attaining enriched foundations in work, education, relationships and activities of daily living. Hudson House focuses on the strengths and talents of people recovering from mental illness.

## **Eligibility requirements for becoming a Hudson House member:**

The referral process for becoming a Hudson House member can be originated through a mental health professional or self directed. Proof of a mental illness is required.

Services include:

- Hudson House Program
- Supported Education
- Travel Activity Club

Other on site MHA program services include:

- Vocational Services
- Local Business Advisory Council (LBAC)
- Home and Community Based Services (HCBS)

## **HUDSON HOUSE PROGRAM**

Hudson House focuses on socialization, recreation, and life skills training. Members of the program serve as an advisory board for groups and activities that are offered within the program. A variety of groups and activities are available which offer the opportunity to be involved in the community. In addition, members also enjoy daily breakfast, lunch, snack and dinner three evenings per week. Laundry facilities and program transportation are available.

## **SUPPORTED EDUCATION**

The Supported Education Program consists of groups that provide information and resources in areas that include but are not limited to: wellness and recovery, vocational, nutrition, computer skills, stress and budgeting. Members have the opportunity to participate in creative arts, cooking and musical memories. Peers co-facilitate daily educational groups.

## **TRAVEL ACTIVITY CLUB**

Travel Activity Club provides recreational opportunities that promote positive integration into the community. The activities are selected and planned by Hudson House members and may include movies, shopping, library, Meals on Wheels and community events.



*A proud member of WELCOME Orange...  
Helping individuals achieve recovery, resiliency and  
self-determination.*

## **VOCATIONAL SERVICES**

The Vocational Program provides prevocational skills, supported employment, intensive job training and ongoing integrated services to individuals who are seeking employment or who are currently employed in the community. The goal of the program is to assist individuals with disabilities in achieving employment through training, education and career development.

Referrals to MHA's Vocational Program are obtained through Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR).

## **LOCAL BUSINESS ADVISORY COUNCIL (LBAC)**

The LBAC is a Mental Health Association in New York State funded consumer and business outreach program. The LBAC identifies and responds to the needs of employers and employees by providing support and education.

## **HOME AND COMMUNITY BASED SERVICES (HCBS)**

HCBS services provide opportunities for people with behavioral health issues to receive services in their own home or community. HCBS services are provided to people who are Health and Recovery Plan eligible (HARP), enrolled in Medicaid, and 21 years of age or older.

HCBS services help to improve an individual's quality of life by providing assistance with getting and keeping a job, getting into school and graduating, helping individuals manage stress and live independently.