

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------------|---|--------------------------------------|--|---|
| 8-9 Engagement Time | 8-9 Engagement Time | 8-9 Engagement Time | 8-9 Engagement Time | 8-9 Engagement Time |
| 9-10 Breakfast | 9-10 Breakfast | 9-10 Breakfast | 9-10 Breakfast | 9-10 Breakfast |
| 10:00-10:15 Staff Meeting | 10-10:15 Staff Meeting | 10-10:15 Staff Meeting | 10-10:15 Staff Meeting | 10-10:15 Staff Meeting |
| 10:15-10:30 Morning Meeting | 10:15-10:30 Morning Meeting | 10:15-10:30 Morning Meeting | 10:15-10:30 Morning Meeting | 10:15-10:30 Morning Meeting |
| 10:30-11:15 Computer Group | 10:30-11:15 Dual Diagnosis | 10:30-11:15 Men/Women's Group | 10:30-11:15 Nutrition Group | 10:30-11:15 Members Advisory |
| 11:30-12:15 Budgeting | 11:30-12:15 Speaker Forum*** | 11:30-12:15 Housing Group | 11:30-12:15 Mental Health Recovery (Wellness) | 11:30-12:00 How to Advocate for yourself |
| 12:30-1:30 Lunch/Snack | 12:30-1:30 Lunch | 12:30-1:30 Lunch | 12:30-1:30 Lunch | 12:00-1:00 Lunch/snack |
| 1:30-2:15 Social Games | 1:30-2:15 Literacy or Veterans Networking Group | Journaling Art Group 1:30-2:15 | Up and Moving 1:30-2:15 | 1:15-2:00 Vocational |
| 2:30-3:00 Movies | 2:30-2:45 Snack | 2:30-2:45 Snack | 2:30-2:45 Snack | ----- |
| 3:15-4:00 Social time | 2:45-3:30 Current Events | 2:45-3:30 Musical Memories | Social Games 2:45-3:30 | ----- |
| 4-5 Clean Up | 3:30-4:00 Clean Up and Cooking | 3:30-4:00 Clean Up and Cooking | 3:30-4:00 Clean up and Cooking | ----- |
| | 4-5 Dinner | 4-5 Dinner | 4-5 Dinner | ----- |
| | 5-6 Clean up | 5-6 Clean Up | | ----- |

Theresa Jessica Willie Shakia Theresa

Week 1 HH closed until 1

*** Week 1 Substance 101, Week 2 Coping Skills, Week 3 Mental Health 101, Week 4 Program Presentation

*** On the first Monday of the month, snack will be served at 1:15pm ***

This schedule may be subject to change