



HOME AND COMMUNITY BASED SERVICES (HCBS)

HCBS services help to improve an individual's quality of life by providing assistance including getting and keeping a job, getting into school and graduating, managing stress and living independently. HCBS services are provided for individuals who are HARP (Health and Recovery Plan) eligible and are enrolled in Medicaid. Mental Health Association in Orange County, Inc. is pleased to provide the following HCBS services:

Psychosocial Rehabilitation (PSR) services are designed to help people compensate for or eliminate barriers associated with their behavioral health conditions (Substance Use Disorders (SUD) and/or Mental Health). The intent of PSR is to restore the individual's functional level to the fullest possible so they can be active and productive members of his or her family, community, and/or culture with the least amount of ongoing professional intervention.

Habilitation services are designated to assist individuals with a behavioral health diagnosis (i.e., SUD or mental health) in acquiring, retaining, and improving skills such as communication, self-help, domestic, self-care, socialization, fine and gross motor skills, mobility, personal adjustment, relationship development, use of community resources and adaptive skills necessary to reside successfully in home and community-based settings.

Family Support and Training provides training and support necessary to facilitate engagement and active participation of the family in the treatment planning process and with the ongoing instruction and reinforcement of skills learned throughout the recovery process. This service is provided only at the request of individual. The individual, his/her treatment team and family are all primary members of the recovery team.

Employment Services

- 1. Prevocational Services** are time limited services that prepare an individual for paid or unpaid employment. This service specifically provides learning and work experiences where the individual with mental health and/or disabling substance use disorders can develop general, non-job tasks specific strengths and soft skills that contribute to employability in competitive work environment as well as in the integrated community settings. These services occur over a defined period of time and with specific person centered goals to be developed and achieved.
- 2. Transitional Employment** is designed to strengthen the individual's work record and work skills toward the goal of achieving assisted or unassisted competitive employment at or above the minimum wage paid by the competitive sector employer. This service is provided only when the individual specifically chooses this service and may only be provided by clubhouse, psychosocial club program, OASAS recovery program center, or agency previously in receipt of a behavioral health designation for this service.
- 3. Intensive Supported Employment** assists in recovering individuals with mental health/SUD to obtain and keep commutative employment. These services consist of intensive supports that enable individuals to obtain and keep competitive employment at or above minimum wage. This service uses evidence based principles of the Individual Placement and Support model.
- 4. Ongoing Supported Employment** services are provided after an individual successfully obtains and becomes oriented to competitive and integrated employment. Ongoing follow-along support is available for an indefinite period as needed by the individual to maintain their paid competitive employment position.

For further information regarding these services contact Mental Health Association in Orange County, Inc.'s HCBS Program Manager at (845) 565-8575.

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