



# Mental Health Association

*in Orange County, Inc.*

NADIA ALLEN, EXECUTIVE DIRECTOR

## FOR IMMEDIATE RELEASE

**CONTACT:** Jessica Markman, Developmental Disabilities Family Support Supervisor  
(845) 342-2400 Ext. 1253

**Date:** October 7, 2019

*"If you could raise awareness for those with a lifelong disability  
by walking just one mile, would you?"*



Join Parents Run AMOC in Partnership with the Mental Health Association in Orange County, Inc. (MHA) for the  
**16th ANNUAL Autism Move-A-Thon of Orange County**  
Sunday, October 13th, 2019 10:00AM - 3:00PM (rain or shine)  
Location: Thomas Bull Memorial Park (Day Camp Area)  
Route 416, Montgomery NY 12549  
Entry Fee: \$5 per person (Entry for an individual with autism is FREE!)  
Registration is on-site and walk-ins are welcome!

This event includes: a one-mile walk **starting at 11AM** led by Special Olympic Thunderbolt Athletes. Additional activities include bounce houses, an obstacle course, resource vendors, food for purchase, sensory activity tables with arts and crafts activities, a DJ for music/dancing, a giant raffle, autism awareness merchandise for sale...and so much more!

Resource vendors are WELCOME! (Please bring your own tents/tables/chairs)

On this day, we will graciously be accepting donations for the Autism Spectrum Fund.

For more information, directions or if you need SPECIAL ACCOMMODATION, please contact your AMOC advisors through the MHA. Ask to speak to the Developmental Disabilities Family Support Program Team:845-342-2400

Parents Run AMOC raises awareness and understanding about autism and related disorders through community outreach, sensory friendly events and education. AMOC also sponsors official Special Olympic teams; training all year for various state and regional competitions. Parents Run AMOC continues to raise funds to support individuals and families living with Autism Spectrum Disorders. Families located in Orange County may apply for this fiscal stipend through Mental Health Association in Orange County, Inc. to help pay for various needs.

For additional information about AMOC, services for individuals with autism, or to become a sponsor/donor/volunteer for the 2019-2020 season of events: contact Parents Run AMOC at 845-342-2400, [www.mhaorangeny.com/amoc](http://www.mhaorangeny.com/amoc), or [parentsrunamoc@gmail.com](mailto:parentsrunamoc@gmail.com). Please like us on Facebook; Autism Move-A-Thon of Orange County and Mental Health Association in Orange County.

*We hope your family can join us to celebrate our individuals of ALL Abilities.*

(END)

**73 JAMES P. KELLY WAY \* Middletown, NEW YORK 10940 \* (845) 342-2400-FAX (845) 343-9665**

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EBEN ROCKWELL HILL, PRESIDENT \* A UNITED WAY AGENCY



**Orange County Crisis Call Center • 24 HOURS • 7 DAYS A WEEK**  
1-800-832-1200 or (845) 346-4357

*Mental Health Association in Orange County is a proud member of WELCOME Orange... Helping individuals achieve recovery, resiliency and self-determination.*