



# Mental Health Association

*in Orange County, Inc.*

NADIA ALLEN, EXECUTIVE DIRECTOR

**For Immediate Release:**

**Date: March 23, 2016**

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## MHA in Orange County, Inc. Receives Donation from Crystal Run Healthcare 10k Classic Road Race



Left to Right- Sher Singh, MHA Board Member, Frank Giannino, Co-Race Director, Crystal Run Healthcare Classic 10K Road Race, Nadia Allen, MHA Executive Director

Frank Giannino, who holds the Guinness World Record for accomplishing the fastest run across the USA, presented a \$1,600 donation to MHA Board Member Sher Singh and MHA Executive Director, Nadia Allen on March 23, 2016.

Crystal Run Healthcare Classic 10K Road Race and the Orange Runners Club sponsored a presentation and book signing by Jim Ryun, "The Greatest Miler in USA History", at Kuhl's Highland House on March 2, 2016, to benefit the Mental Health Association in Orange County, Inc. (MHA).

The event was a resounding success and over 180 people were in attendance.

MHA is deeply thankful to Frank Giannino and the Crystal Run Healthcare 10k Classic Road Race for their support of its services and for their generous donation.

MHA in Orange County, Inc. is a private not for profit agency seeking to promote the positive mental health and emotional well-being of Orange County residents, working towards reducing the stigma of mental illness, developmental disabilities, and providing support to victims of sexual assault and other crimes.

In partnership with service recipients, families, volunteers and the community, MHA strives to fulfill its mission through culturally competent advocacy, direct services, public education, and responsiveness in times of community emergency.

The MHA family shares a system of values and behaviors that recognizes and respects the presence and contributions of all diverse groups. We believe that every person is to be treated with dignity, respect, compassion and acceptance. (845)342.2400  
[www.mhaorangenyc.com](http://www.mhaorangenyc.com)

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Board of Directors – Patricia Quinn, *President*

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